# Overcoming Melphalan Resistance in the Treatment of Multiple Myeloma

Isha Kapoor

Mayo High School, Rochester, MN, USA

# INTRODUCTION

- Multiple myeloma (MM) is a cancer of the plasma cells in the bone marrow
- Melphalan is the mainstay of myeloma chemotherapy
- MM remains incurable- most patients tend to relapse
- Cancer cells develop resistance to different therapies by rewiring or altering their metabolism
- Understanding the metabolism of cancer cells and how it changes in cells that are resistant to various therapies is important

# **RESEARCH QUESTION**

What are the differences in the metabolic pathways in melphalan resistant multiple myeloma cells compared to those that are sensitive to melphalan?

# **HYPOTHESIS**

The metabolism of MM cells resistant to melphalan is different from those that are sensitive to melphalan



If these key metabolic pathway differences can be identified, they can potentially be overcome pharmacologically to improve the efficacy of melphalan in the treatment of this common and incurable cancer

# **CREATING A MELPHALAN-RESISTANT CELL LINE**



- Isogenic melphalan-resistant MM cell lines created to serve as an *in vitro* model for melphalan resistance
- Parent cell line RPMI-8226 (B lymphocytes isolated from peripheral blood of a patient with plasmacytoma in 1966) exposed to escalating concentrations of melphalan

# MTT CYTOTOXICITY ASSAY FOR ASSESSMENT OF CELL VIABILITY



https://theferalexplorer.wordpress.com/2019/07/05/understanding-mtt-assay/

#### The steps in the MTT assay



Increasing number of cells per well ------



www.sigmaaldrich.com/...cell-proliferation-kit-i-mtt



Comparing the viability of the 2 cell lines

RPMI (Parental)
RPMI (Mel-resistant)
\*\*\*\* p < 0.0001</li>
Unpaired t test

### DIFFERENCES IN THE BIOENERGETIC PATHWAYS IN THE SENSITIVE AND RESISTANT CELL LINES WERE STUDIED USING SEAHORSE XF



Electrons

carried via

NADH

Glycolysis

Cytosol

lucose → Pyruvate



Electrons carried via

NADH and FADH,





Melphalan-resistant cells showed a much greater mitochondrial capacity

https://chem.libretexts.org/Courses/Saint\_Marys\_College\_Notre\_Dame\_IN/CHEM\_342%3A\_Bioinorganic\_Chemistry/Readings/Metals\_in\_Biological\_Systems\_(Saint\_Mary%27s\_College)/Cytochrome\_Oxidase

# ASSESSING THE OXIDATIVE CAPACITY IN MELPHALAN-RESISTANT CELLS



Melphalan-resistant cells had a much higher ability to generate energy via mitochondrial pathways

# MITOCHONDRIAL BIOMASS IN MELPHALAN RESISTANT CELLS



https://courses.lumenlearning.com/cuny-kbcc-microbiologyhd/chapter/cellular-respiration/

- Mitochondrial proteins extracted using a cell lysate solution and amount estimated with Western blot technique
- Melphalan resistant cells have a higher mitochondrial biomass than sensitive cells

# COMPARISON OF CLINICAL OUTCOMES IN MYELOMA PATIENTS WITH DIFFERENCES IN MITOCHONDRIAL ACTIVITY



Progression free survival (PFS) of patients with MM who had a stem cell transplant with high dose melphalan

Elevated oxidative phosphorylation capacity (greater mitochondrial activity) translates to a poorer survival in patients with newly diagnosed multiple myeloma

## CONCLUSIONS

- A greater mitochondrial capacity translates to a far greater ability to generate energy by a cell for a given amount of source of energy
- This may be one of the mechanisms by which myeloma cells escape the stress and toxicity of melphalan
- This finding was validated by showing worse outcomes in myeloma patients with elevated mitochondrial oxidative phosphorylation activity
- Drugs that inhibit the mitochondrial capacity can be used with melphalan to improve its sensitivity in myeloma cells

## REFERENCES

- 1. Gonsalves WI, et al. Utilization of hematopoietic stem cell transplantation for the treatment of multiple myeloma: a Mayo Stratification of Myeloma and Risk-Adapted Therapy (mSMART) consensus statement. Bone Marrow Transplant. 2019 Mar;54(3):353-367.
- 2. Pavlova NN, Thompson CB. The Emerging Hallmarks of Cancer Metabolism. Cell Metab. 2016 Jan 12;23(1):27-47.
- 3. Innao V, et al. Promising Anti-Mitochondrial Agents for Overcoming Acquired Drug Resistance in Multiple Myeloma. Cells. 2021 Feb 19;10(2):439.
- 4. Poczta A, et al. Treatment of Multiple Myeloma and the Role of Melphalan in the Era of Modern Therapies-Current Research and Clinical Approaches. J Clin Med 2021 Apr 23;10(9):1841.
- 5. Zal EA, et al. The Influence of Metabolism on Drug Response in Cancer. Front Onc 2018 Nov 2;8:500.
- 6. Ludikhuize M, et al. Protocol to profile the bioenergetics of organoids using Seahorse. STAR Protoc 2021 Mar 18;2(1):100386.
- 7. Amaral MV et al. Establishment of Drug-resistant Cell Lines as a Model in Experimental Oncology: A Review. Anticancer Research: 6443-6455 (2019)
- 8. Xiao JF et al. Metabolite identification and quantitation in LC-MS/MS-based metabolomics. Trends in Analytical Chemistry, Vol. 32, 2012
- Riss TL et al. Cell Viability Assays. 2013 May 1 [Updated 2016 Jul 1]. In: Markossian S, Grossman A, Brimacombe K, et al., editors. Assay Guidance Manual [Internet]. Bethesda (MD): Eli Lilly & Company and the National Center for Advancing Translational Sciences; 2004-. Bookshelf URL: <u>https://www.ncbi.nlm.nih.gov/books/</u>
- 10. https://courses.lumenlearning.com/cuny-kbcc-microbiologyhd/chapter/cellular-respiration/
- 11. https://theferalexplorer.wordpress.com/2019/07/05/understanding-mtt-assay/
- 12. https://www.agilent.com/en/products/cell-analysis/how-seahorse-xf-analyzers-work
- 13. Agilent Seahorse XFp Real-Time ATP Rate Assay Kit; User Guide Kit 103591-100

### All graphics created by Isha Kapoor under the supervision of mentor unless stated otherwise.